

Apalachee High School Cheerleaders

Presents the

17th Annual Dale Sanders
Apalachee Wildcat 5K Run

Friday – May 10, 2019 – 6:30PM & 7:00 PM
Sims Academy of Innovation and Technology
985 Austin Road, Winder, GA



TIMES:

1 Mile FUN RUN- 6:30PM

5K Walk/Run – 7:00PM

THE COURSE: The Run will begin and end at Sims Academy of Innovation and Technology. The course is an out and back along Austin Road.

Race day registration and packet pickup begins at 5:00pm
Registration also available on active.com



REGISTRATION:

\$25 Pre-Registered 5K – postmarked by 4/26/19

\$30 thereafter and race day 5K

Students 18 years & under and

Fun Run (any age) - \$10

\$75 Family rate (up to 4 runners) *pre-registered only*

AWARDS: Awards will be given to the Overall m/f, Masters m/f and top 3 m/f in the following age groups: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. All fun run participants will receive ribbons.

**T-shirts are only guaranteed for participants who register by 4/26/19.*

TO GET THERE: Take Hwy 316 to Hwy 53. Turn east on Hwy 53 and take this to Austin Road. Turn right on Austin Road. School will be on your right.

Make checks payable to AHS CheerCats Booster Club.



BENEFITS: This 5K race will benefit the Apalachee High School Cheerleaders.
For more information, contact Katie Hicks-Chambers, Katie.hicks@barrow.k12.ga.us

Please return entry to:
Dale Sanders 5K, c/o Classic Race Services,
1860 Barnett Shoals Road, Suite 103-498, Athens, GA 30605

NAME: _____ **DOB** _____ **AGE** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

EMAIL: _____

T-SHIRT SIZE **YS** **YM** **AS** **AM** **AL** **AXL** **MALE** **FEMALE**

Waiver: In consideration of accepting the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against Apalachee High School, all sponsors, their representatives, successor, and assigns, for any and all injuries suffered by me in this event. I also grant full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: _____ **Parents Signature if under 18:** _____

Referred by (Cheerleader's Name): _____